YOUR STUDENT AND THEIR HEALTH

Of course, we all hope your student never has a health problem at Southwestern, but odds are that your son or daughter will be under the weather at least a time or two. Besides reminding him/her of frequent handwashing and common germ avoidance (they're probably in closer quarters than they were at home), here are some ideas to consider when helping your student through health issues at Southwestern College.

- *Communicate*—Students must communicate that they are not feeling well. Whether he/she talks to parents, coaches, professors, or residence life staff, it is important to make sure someone else knows your child isn't feeling well.
- Action Plan—Because of the complexity of insurance, students need to work with their parents on how to handle an illness. Please, use the list provided and consider the options available for treatment. If students have questions, residence life and student life staff, coaches, or athletic training staff can also be a resource for advice.
- Information—It is important that students carry an insurance card and understand their medical history. It would be a good idea to contact your insurance company for a list of covered providers in the Winfield area.

Student Health Insurance

Southwestern College has an agreement with United Healthcare Insurance to provide coverage to student athletes and international students who may not have insurance. Student athletes and International students are required to have insurance. If student athletes or international students are already covered by insurance, they can complete an online waiver showing they are covered under another insurance plan. If a student athlete or international student is not covered or does not complete the waiver, Southwestern College will bill the student and they will be automatically covered under the United Healthcare Insurance plan.

For other students who need insurance, the Golden Rule Insurance Company at <u>www.goldenrule.com</u> is an option provided through United Healthcare and Southwestern College. The Golden Rule home page has a link to get a quote and different policy options after the prospective customer gives pertinent information. The toll free number is 1-800-985-2870.

Student Life office

Student Life has compiled a list of potential providers in the area. The student will need to contact these providers directly for appointments. Please understand this list is provided for informational purposes only. You and your student will need to contact the provider directly to determine if they are seeing patients. The staff in Student Life is available to assist students with any issues in communicating with area health care providers.

The main number to the Student Life office is (620) 229-6391. Please do not hesitate to contact that number with questions or concerns.

LIST OF LOCAL PROVIDERS

American Family Practice 1230 East 6th Suite 2B Winfield, KS 67156

Brooks Chiropractor Center 1404 Main Street Winfield, KS 620-221-0110

Cowley County Health Department 320 East 9th Suite B Winfield, KS 620-221-1430

Cowley County Mental Health 22214 D Street Winfield, KS 620-221-9664

Family Care Center 1305 East 19th Avenue Winfield, KS 620-221-9500

Grace Medical Health Clinic Multiple Wichita Locations Sliding scale for medical, dental and prescription services 316-866-2000 www.gracemed.org

Grene Vision Group 117 East 9th Avenue Winfield, KS 620-221-0740

Health Professionals Winfield 1230 East 6th Avenue #1B Winfield, KS 620-221-4000 Hillside Medical Group 1700 East 9th Avenue Winfield, KS 620-221-0110

Renshaw Chiropractic 222 East 9th Avenue 620-221-2000

William Newton Hospital 1305 East 5th Avenue Winfield, KS 620-221-2300

Wilson Chiropractor 805 Main Street Winfield, KS 620-221-4449

Winfield Medical Arts 3625 Quail Ridge Road Winfield, KS 620-221-6100

Sunflower OB-Gyn 1230 East 6th Ave Suite 2D Winfield, KS 620-222-6250

Dillons Pharmacy 2310 Main Street Winfield, KS 620-221-5710

Walmart Pharmacy 2202 Pike Road (next to Dillons) Winfield, KS 620-221-9437