

Internet Resources

Preparing for Study Abroad

[Culture Shock & the Problem of Adjustment to New Cultural Environments](#)

Advice on how to recognize and cope with culture shock. From the Worldwide Classroom a Consortium for International Education & Multicultural Studies.

[Re-Entry Shock](#)

Suggestions for coping with reverse culture shock often associated with returning to the United States after a long stay abroad. From the Worldwide Classroom a Consortium for International Education & Multicultural Studies.

[Factors Important to Successful Intercultural Adjustments](#)

Suggestions on how to adjust to a new environment. From the Worldwide Classroom a Consortium for International Education & Multicultural Studies.

[Information Worth Noting Before You Pack](#)

What to take and what not to take. From the Worldwide Classroom a Consortium for International Education & Multicultural Studies.

[Study Abroad Handbook](#)

This is a guide from StudyAbroad.com for students preparing to study abroad.

Other Resources

[Embassies Of The World](#)

Directory & Search Engine Of The World's Embassies & Consulates

[Britrail and Eurail Passes](#)

Your source for European rail travel.

[World Weather](#)

Local weather for thousands of cities around the world.

[World Time Zones](#)

Find out what time it is for most locations in the world.

[International Calling Codes](#)

Information on how to call to and from most places in the world.

[Current Exchange Rates](#)

Exchange rates from the Federal Reserve Bank of New York, representing the 12 noon buying rates and the International Monetary Fund.