

Southwestern College

Sports Psychology



Are you interested...

In how sports can improve mental health & well-being?

In teaching skills to enhance athletic performance like goal setting and imagery?

In counseling athletes on topics like eating disorders or depression?

In working with injured athletes or athletes whose careers are terminated. (early or on time)?

In working with a variety of clients like children/teens in athletics, professional athletes/teams, some college teams, & injured athletes?

Requires a bachelor's degree & M.S., or PhD in clinical or counseling with sports psychology emphasis or sports psychology program.

Contact:

Dr. Carrie Lane

Associate Professor &
Director of Psychology

Southwestern College

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620-229-6296

General Required Courses:

General Psychology

Research Methods

Statistics

History of Psychology

Prep 499

Sports Psychology

Recommended Courses:

Sports Psychology

Biological Psychology

Social Psychology

Learning

Motivation/Emotion

Clinical/Counseling

Child Psychology

Cognition

Research

Practicum

Exercise Physiology

Kinesiology

Introduction to Athletic

Training

Care & Prevention of Athletic