

Southwestern College

2020-2021 Biennial Review of Drug and Alcohol Programs

Southwestern College, in accordance with the requirements of the 1989 amendments to the Drug Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86- The Drug Free Schools and Campus Regulations, completed the biennial review in spring and fall of 2020, spring and fall of 2021.

Southwestern College is dedicated to closely examine the drug and alcohol prevention program every two years. It is very important to review the programs to understand the scope and effectiveness of the campus prevention program.

The 2022 Drug and Alcohol Program Committee at Southwestern consisted of the following faculty and staff members:

Dan Falk- Dean of Students

Jonathan Affalter- Director of Residence Life

Raquel Resendiz- Director of Campus Life

Teresa Nichols- Director of Security

Ed Loeb- Professor of Math and Faculty Athletic Representative

Jaci Carranza- Athletic Trainer

Alex Raga- Administrative Assistant

The committee had two objectives:

- 1) To determine the effectiveness of, and to implement any needed changes to, the Alcohol and Other Drugs Prevention Program.
- 2) To ensure that campus enforces the disciplinary sanctions for violating standards of conduct consistently.

Policy on Alcohol and Drugs

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college or as part of any college activity taking place off college property. Additionally, the possession, use, or distribution of alcoholic beverages or illicit drugs is strictly prohibited as part of any activity taking place on college property, even if that activity does not involve students or employees.

Drug and Alcohol Policy

Southwestern College affirms its long-standing support of abstinence from both alcohol and illegal drugs. Southwestern supports the strict administration of regulations governing these substances and will enforce the guidelines set forth by various college programs. The program guidelines include but are not limited to: student life regulations,

study abroad travel policy, Southwestern College travel policy, alumni relations policy, policies as set forth in the staff handbook, etc. Copies of the guidelines that govern each program are available from the college services office. The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if that activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place on or off college property (e.g. alumni event, campaign reception, etc.).

Students

Students who violate the terms of this policy may be reported to the appropriate law enforcement officials if local, state, or federal statutes are involved and will be subject to the following sanctions:

1. Placement on probationary status;
2. Temporary suspension from classes and activities;
3. Suspension for a semester from classes and activities;
4. Expulsion.

Students subject to these penalties will be afforded all due process rights to which they are entitled by law or under current policies affecting student discipline. In addition to the above sanctions, a student may be required to meet with a campus counselor. In lieu of suspension or expulsion a student may be required to complete a drug or alcohol abuse education or treatment program as a condition of continued enrollment. The cost of completing such a program will be the responsibility of the student.

Employees: Drug-Free Workplace

Employees of the college are required as a condition of employment to abide by the terms of this policy. Employees are further required to notify the college in writing of any criminal drug statute conviction for a violation occurring in the work place no later than five calendar days after such conviction. Employees are prohibited by law and by college policy from providing alcohol to persons under the age of 21 at any time or in any location. Employees are also prohibited from possession of alcoholic drinks on college property. The law prohibits the possession and distribution of any kind of illegal drugs at any time. The possession of illegal drugs or alcohol by an employee on college property is grounds for discipline or dismissal. Employees are required to notify the college in writing of any criminal drug statute conviction for a violation occurring in the work place no later than five calendar days after such violation. Employees are also required to notify the college of any conviction relating to the illegal use of drugs or alcohol (e.g. driving under the influence, transporting liquor in opened containers, obtaining prescription-only drugs by fraudulent means, possession or sale of illegal drugs, etc). Employees who observe a co-worker under the influence of alcohol or drugs on the job should report the incident to the director of human resources. Employees who violate the terms of this policy will be reported to the appropriate law enforcement officials and will be subject to the following sanctions:

1. Short term suspension with pay;
2. Short term suspension without pay;
3. Long term suspension without pay;

4. Required participation in a drug and alcohol education, treatment, counseling, or rehabilitation program;
5. Termination or dismissal from employment. In addition to any suspension imposed as discipline, the employee may be required to participate in a drug and alcohol education treatment, counseling, or rehabilitation program. The cost of participation in such a drug or alcohol program is the responsibility of the employee. Failure to participate and complete a program, if required, will be grounds for termination or dismissal from employment. Prior to applying sanctions under this policy, employees will be afforded all due process rights to which they are entitled under their contracts, if applicable. Nothing in this policy is intended to diminish the right of the college to take any other disciplinary action which is provided for in college policies.

Legal Sanctions

Local, state, and federal statutes prohibit furnishing alcohol to a minor, purchase or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

Health Risks

The risks of using alcohol include but are not limited to impaired judgment, alcoholism, liver damage, pancreatitis, and congestive heart failure. The risks of using sedatives, hypnotics, and tranquilizers include but are not limited to nausea, vomiting, anxiety, blurred vision, respiratory depression, addiction, and death from overdose or unsupervised withdrawal. The risks of using narcotics include but are not limited to AIDS, hepatitis, and skin infections from non-sterile injections, endocarditis, addiction, and coma or sudden death from overdose. The risks of using inhalants include but are not limited to psychosis, accidental suffocation, heart failure, kidney failure, and bone marrow disorders.

Legal Penalties Relating to Drugs and Alcohol

Local, state, and federal statutes prohibit furnishing alcohol to anyone under the age of 21, purchase or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

Help and Information

The college will provide information and educational programs that attempt to keep the campus community informed about the consequences of using and misusing intoxicating alcohol and illegal drugs. Help is available for those persons who seek it. Employees and students are encouraged to initiate contact with their supervisor,

counselor, a faculty member, or administrator who will work with them confidentially or refer them to an off-campus source of help.

Off-Campus Travel Involving Students

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if an activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place off college property or in another country (e.g. a reception or dinner in a culture with different laws and regulations on alcohol use and distribution).

From the Southwestern College Policy Manual, Volumes II, III, and VIII

The Office of Student Affairs enforces the on-campus alcohol policy in regards to student usage and possession. The following numbers represent the students who were reported to Southwestern College staff members for having or using alcohol or other drugs, on campus.

	Alcohol	Drugs
Fall 2017	35	5
Spring 2018	14	8
Fall 2018	74	14
Spring 2019	2	6
Fall 2019	46	23
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Total	171	56
Spring/Fall 2020	77	15
Spring/Fall 2021	114	46
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Total	191	61

A total of 227 students went through the student conduct process for drug and alcohol possession/use in the period of 5 semesters from fall 2017 through the fall of 2019.

A total of 113 students went through the student conduct process for drug and alcohol possession/use in the period of 4 semester from spring 2020 to fall 2021.

As a guide, the committee used, “ A Typology for Campus Based Alcohol Prevention: Moving Toward Environmental Management Strategies.” The article was written by William DeJong, Ph.D. and Linda M.Lang, Sc.D. Department of Social and Behavioral Sciences, Boston University School of Public Health, 715 Albany Street, Boston, MA 02118. The article helped frame the conversation to analyze the strengths and weaknesses of the Southwestern College Alcohol and Other Drug Program.

Using the article, the committee developed a matrix that kept information and programs in distinct categories. Program and policy levels were up into two groups-individual and environmental. Individual is focused on one person receiving information and peer to peer interactions. Environmental consists of institutional, local government and state government entities. For areas of strategic intervention, the matrix had knowledge, attitudes, and behavioral intentions of students as a category.

On the individual level that uses the knowledge, attitudes, and behavioral intentions of students as an area of strategic interventions, Southwestern College uses the following programs:

- Resident Assistant alcohol education programming
 - Alcohol Information Table
 - Drink Smoothies, not alcohol
 - Beer Goggles and Mario Kart
 - Drunk Driving Pledge
 - Alcohol Awareness Game Show
 - Spring Break Safety
 - Alcohol Awareness Smoothies
- Campus Life Programs
 - Reality Check Gameshow

On the Environmental level that focused on the areas of knowledge, attitudes, and behavioral intentions of students as an area of strategic interventions, Southwestern College uses the following:

- Resident Director Protocol Training
- Security Officer Training
- Resident Assistant Protocol Training
- First Year Student Orientation Leader Training
- Builder Camp Bystander Intervention education session

On the individual level that uses the environmental as an area of strategic intervention, Southwestern College uses the following programs:

Alcohol Free Options

- Student Conduct Sanctions
 - 3rd Millennium On-Line Classroom Alcohol/Marijuana Sanctions
 - Parental Notification depending on severity
 - Coach notification
 - Referral to drug/alcohol counseling if necessary
 - Loss of on-campus housing

- Campus Life
 - BuilderFest (capture the flag and game night)
 - Christmas Bingo Night
 - Homecoming Bonfire
 - Movie Night
 - Night at the Barns Dance
 - Movie on the Lawn
 - Talent and Awards Night
 - BuilderFest
 - Kickball
 - Theme Athletic Nights
 - Spirit Night (men's basketball game)
 - Block Party
 - Bowling Night
 - Athletic Events
 - Fine Arts Events-concerts, 9-Lives, plays
 - Freshman Work Day
 - Chapel

- Builder Camp Orientation for First Year Students
 - Marijuana and Alcohol education session
 - Bystander Intervention
 - Got Consent?

On the Environmental level that uses Environmental as an area of strategic intervention, Southwestern College uses the following programs:

Athletic Department sharing information to the students about the Southwestern College Drug Education and Testing Policy

Employee notification of the Southwestern College Drug and Alcohol Policy

Student notification through email about the Southwestern College Drug and Alcohol Policy

Orientation Leader for Builder Camp bystander intervention training

Builder Camp bystander intervention session

Southwestern College is a dry campus- no alcohol is allowed for any events on campus or at campus sponsored events.

Welcome Week (BuilderFest) events

September National Campus Safety Month

Homecoming evening events

Student Foundation Movie Night events

Student Foundation Bowling Night events

Winfield Police Department enforces a strong minor in possession and consumption policy

Winfield Police Department has an on campus substation for bike patrol

Winfield Police Department supports and enforces city/state law when Southwestern

College contacts the department regarding drugs on campus- or students in possession off campus.

Evening and weekend Fine Arts events such as 9 Lives, Theatre productions, and concerts

Evening and weekend Athletic Department events such as basketball games, baseball games, football games, softball games, and soccer games

Security Officer patrols at night and on the weekends in residence halls

Evening Student Government Meetings

Discipleship meetings

Chapel Service

Freshman Work Day

Evening Student Foundation Meetings

Service Learning Programs such as Green Team, Discipleship and Leadership team meetings during the evening

Student Government clubs and organization evening meetings and events.

The individual level that uses the health promotion and consequences of using alcohol as an area of strategic intervention:

Builder Camp bystander intervention program
Builder Camp speakers
September National Campus Safety Month programming
Campus Life spring break safety week

The environmental level that uses the health promotion and consequences of using alcohol as an area of strategic intervention:

Employee notification of Drug and Alcohol Policy
Student notification of Drug and Alcohol Policy
Builder Camp Bystander Intervention Program
Builder Camp Speakers
Extra Student Affairs Residence Life staff on duty during Homecoming Weekend
September National Campus Safety Month information table
Student Conduct Process

The individual level that uses intervention and treatment as an area of strategic intervention:

Builder Camp Bystander Intervention Program
Student Conduct Process- as students may be sanctioned with meeting with a drug/alcohol counselor for assessment.

The environmental level that uses intervention and treatment as an area of strategic intervention:

Residence Director Protocol Training
Residence Assistant Protocol Training
Security Officer Training
Employee Notification of Drug and Alcohol Policy
Student Notification of Drug and Alcohol Policy
Orientation Leader Bystander Intervention Program

Builder Camp Bystander Intervention Program
Winfield Police Department Assisting with drug issues on campus
Alcohol and Drug Free Campus
All Events sponsored by College and/or on campus are alcohol and drug free
Homecoming Week of Events
Student Conduct Process

Section 2: The Committee decided to establish two goals for the Alcohol and Other Drug Program at Southwestern College.

The first goal is to focus on the individual level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is personal stewardship of one's health and the awareness of the environmental effects of alcohol and drugs with the intent to influence knowledge, behavior, and attitudes.

The second goal focuses on the environmental level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is to ensure and promote good citizenship and responsible behavior. Southwestern College strives to partner with others to increase communication, to provide support and education, and to create a positive community, consistent with the College's Christian academic traditions and community standards.

From these two broad goals, the committee developed a series of objectives and outcomes that focus on the different areas of strategic intervention. In addition, each objective and outcome is seen through the lens of either the individual level or environmental program and policy level.

Goals and Objectives Evaluation from 2020/2021 academic years

Objectives:

- 1) Individual: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effect of alcohol and other drugs through programs developed by SGA Executive Team and Resident Assistants.
 - b. Outcomes: These two student organizations will increase the number of student led events that enhance awareness on the effects of alcohol and other drugs.
 - c. Neither group was able to increase the number of events. Mostly due to Covid-19.
- 2) Environmental: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effect of alcohol and other drugs on their relationships and health through institutional initiatives.

- b. Outcomes: Orientation participants will show an increased awareness on the effects of alcohol and other drugs on their orientation post-test.
 - c. According to the post-test results, 157 first-year student orientation participants responded. The question stated in the post-test asked, "I understand the effects of marijuana on the developing brain". 123 strongly agreed, 31 mostly agreed, 2 were neutral and 1 moderately disagreed.
- 3) Individual: Environmental options
 - a. Objective: Increase alcohol and drug free programs during at risk times (8 pm to midnight on Weekdays and all times during Saturday and Sunday)
 - b. Outcomes: Increase the number of student led events during these times (student led is SGA Executive Committee and Resident Assistants.
 - c. Student Foundation did develop bowling night for Friday night in fall of 2021.
- 4) Environmental: Environmental options
 - a. Objective: Learn about Winfield Police Department and Cowley County Sheriff Department's policies and enforcement regulations regarding minors in possession of alcohol or are intoxicated.
 - b. Outcome: Educate students during orientation and in the sanction process.
 - c. This outcome was not accomplished.
- 5) Individual: Health Protection
 - a. Objective: Educate more students on effects of excessive alcohol consumption through the student conduct process.
 - b. Outcome: Increased number of students who go through Level 2 Alcohol use and possession sanction will complete the on-line alcohol program.
 - c. This outcome was not accomplished.
- 6) Environmental: Health Protection
 - a. Objective: Lower the number of on campus alcohol incidents
 - b. Outcome: Through orientation programs, increased peer to-peer education programs, campus alcohol/drug policy and increased on-line alcohol education will help decrease the number of incidents on campus.
 - c. This outcome was not accomplished- actually increased by 20 in alcohol and 5 on drug use.
- 7) Individual: Intervention and Treatment
 - a. Objective: Provide more robust intervention and education for students found responsible for marijuana use.
 - b. Outcome: Educate students through the Level 3 Marijuana use and possession sanction on the negative effects of its use.
 - c. This outcome was met. The dean of students met 1:1 with students who admitted to marijuana use during conduct process.
- 8) Environmental: Intervention and Treatment
 - a. Objective: Provide intervention and treatment of alcohol and other drugs through local counseling resources.

- b. Outcome: Enhance the relationship with 4-County Mental Health and better use and understand their drug and alcohol services.
- c. Outcome was not accomplished.

Section 3

Goals for 2024 Drug and Alcohol Review:

The first goal is to focus on the individual level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is personal stewardship of one's health and the awareness of the environmental effects of alcohol and drugs with the intent to influence knowledge, behavior, and attitudes.

The second goal focuses on the environmental level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is to ensure and promote good citizenship and responsible behavior. Southwestern College strives to partner with others to increase communication, to provide support and education, and to create a positive community, consistent with the College's Christian academic traditions and community standards.

From these two broad goals, the committee developed a series of objectives and outcomes that focus on the different areas of strategic intervention. In addition, each objective and outcome is seen through the lens of either the individual level or environmental program and policy level.

Objectives:

- 1) Individual: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effect of alcohol and other drugs through a session at Builder Camp orientation for first year students.
 - b. Outcome; First year students will have a greater knowledge of the effects of marijuana use and binge drinking.
- 2) Individual: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effects of alcohol and other drugs through an optional session to all students based on the NAIA Champion of Character.
 - b. Outcome: Upper Class students will gain greater knowledge of the effects of marijuana use and binge drinking as well as how it relates to the tenets of the Champions of Character.
- 3) Individual: Health Promotion

- a. Objective: Educate students on the effects of alcohol and other drugs through an optional session to all students based on the NAIA Champion of Character..
 - b. Outcome: Upper Class students will gain greater knowledge of the effects of marijuana use and binge drinking as well as how it relates to the tenets of the Champions of Character
- 4) Environmental: Knowledge, Attitudes and Behavior
 - a. Objective: Peer to peer education goal of using an outside group from another college/program to educate students on alcohol and other drugs.
 - b. Outcomes: SC students will gain greater knowledge of the effects of marijuana use and binge drinking.
- 5) Environmental: Environment Norms
 - a. Objective: Peer to peer education goal of using an outside group from another college/program to educate students on norms alcohol and other drugs.
 - b. Outcomes: SC students will gain greater knowledge of norms regarding the use of marijuana use and binge drinking.
- 6) Environmental: Health Protection
 - a. Objective: Peer to peer education goal of using an outside group from another college/program to educate students on the health effects of alcohol and other drugs.
 - b. Outcomes: SC students will gain greater knowledge of the health effects of marijuana use and binge drinking.
- 7) Institutional: Knowledge, attitudes and behaviors
 - a. Objective: Students will learn from a Chemistry professor about the effects of drugs on the lives of humans and their bodies.
 - b. Outcome: NSCI230/Lecture/A - Drugs: Research & Reward | Credits 3.00
This course provides an introduction to how drugs affect our lives and bodies. Topics include a historical perspective on medicine and how drugs are developed, how specific diseases are treated, and the effects of illegal drugs on the individual and society. Credit 3 hours
- 8) Institutional: Health Protection
 - a. Objective: Students will learn from a Chemistry professor about the effects of drugs on the lives of humans and their bodies.
 - b. Outcome: NSCI230/Lecture/A - Drugs: Research & Reward | Credits 3.00
This course provides an introduction to how drugs affect our lives and bodies. Topics include a historical perspective on medicine and how drugs are developed, how specific diseases are treated, and the effects of illegal drugs on the individual and society. Credit 3 hours
- 9) Institutional: Environmental Alcohol Free Options
 - a. Objective: Students have the ability to attend campus events which are alcohol free. All fine arts events, campus life events and athletic events are alcohol and drug free.

- b. Outcome: Campus staff and faculty will encourage students to attend institutional events.
- 10)Institutional: Environmental Alcohol Availability
 - a. Objective: SC will continue to be an alcohol and drug free campus.
 - b. Outcome: Staff and faculty will support and keep students aware of the alcohol and drug free policy of the campus.
- 11)Community: Environmental Availability
 - a. Objective: Local social clubs and bars will be encouraged by SC not to serve to students under 21 years of age.
 - b. Outcome: The dean of students will write a letter to each bar and club asking them to be mindful of their service to minors.
- 12)Environmental: Environmental Policy & Law Enforcement
 - a. Objective: Learn about Winfield Police Department and Cowley County Sheriff Department's policies and enforcement regulations regarding minors in possession of alcohol or are intoxicated.
 - b. Outcome: Educate students during orientation and in the sanction process.

Section 4: The strengths and weaknesses of the Southwestern College alcohol and other drug program. The committee recognizes there are weaknesses in the program and those are listed below. The strengths come mainly from programming and the institutional commitment to not allowing alcohol on campus or at events.

Strengths:

Dry campus- alcohol free athletic, fine arts and campus events (SC Drug & Alcohol Policy)
 No Greek system
 No College sponsored alcohol advertising
 Athlete drug testing
 Strong relationship with both police and sheriff departments
 Marijuana use illegal in Kansas
 Student leadership training
 Builder Camp orientation
 STUFU/RA education
 Staff and faculty awareness of students with alcohol issues
 Student Affairs passive programming on campus

Weaknesses:

Perception of defective drug testing program
 Reduce number and emphasis of Athletic Department drug testing
 Consistency of alcohol and drug sanctions
 Sanctioning is sometimes weak and not effective
 Lack of community and campus resources

Lack of Freshman Seminar for educational purposes
Campus norms-perception that many people drink and use marijuana
Financial resources
Uneven treatment of student drug and alcohol issues by coaches and teams
Authority to enforce policies

Trends

Higher marijuana usage by certain students who abuse the drug.
More students are willing to push the boundaries of campus drug and alcohol policies.
Some students are exposed to marijuana at SC and become addicted.

Student Attitudes and Behaviors

Students are using marijuana to relieve anxiety. They are in a sense, self medicating. The students do not see it as addictive. Students view marijuana as a healthy way to manage stress and the demands of daily life.

Training

The student affairs office and the athletic department need training on the best practices for drug and alcohol sanctioning and education. In addition, they need training on current trends of the drug industry so that they know and understand what the students are using. Both departments also need education on how to run effective social norm campaigns.

Section 5: Procedures for distributing alcohol and other drug program review to students and employees.

Southwestern College has this report posted on-line under the Southwestern College under the helpful links option. To access the information, please click on the following link: <https://www.sckans.edu/other/consumer-information>

Section 6: Revising alcohol and other drugs program

Southwestern College is committed to reviewing its goals, objectives and outcomes to ensure that the alcohol and other drug programs are effective. It is important for the College to understand its' weaknesses and improve on gaps. This report will be used during the year to understand what areas are doing a good job in maintaining effective

goals. The alcohol and other drug program will be reviewed again in 2024 to assess the effectiveness of the 2022 and 2023 years.