

Southwestern College

2018-2019 Biennial Review of Drug and Alcohol Programs

Southwestern College, in accordance with the requirements of the 1989 amendments to the Drug Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86- The Drug Free Schools and Campus Regulations, completed the biennial review in fall 2017, spring and fall of 2018 and fall of 2019.

Southwestern College is dedicated to closely examine the drug and alcohol prevention program every two years. It is very important to review the programs to understand the scope and effectiveness of the campus prevention program.

The Drug and Alcohol Program Committee at Southwestern consisted of the following faculty and staff members:

Dan Falk- Dean of Students

Sarah Hallinan- Assistant Dean of Students

Anjaih Clemons- Director of Campus Life

Keith McLaughlin- Director of Security

Melinda Current-Professor of Health and Wellness Promotion

Lock Schnelle- Head Athletic Trainer

Joe Wood- Head Women's Soccer Coach

Jayna Bertholf- Assistant Professor of Accounting & Finance

The committee had two objectives:

- 1) To determine the effectiveness of, and to implement any needed changes to, the Alcohol and Other Drugs Prevention Program.
- 2) To ensure that campus enforces the disciplinary sanctions for violating standards of conduct consistently.

Policy on Alcohol and Drugs

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college or as part of any college activity taking place off college property. Additionally, the possession, use, or distribution of alcoholic beverages or illicit drugs is strictly prohibited as part of any activity taking place on college property, even if that activity does not involve students or employees.

Drug and Alcohol Policy

Southwestern College affirms its long-standing support of abstinence from both alcohol and illegal drugs. Southwestern supports the strict administration of regulations governing these substances and will enforce the guidelines set forth by various college programs. The program guidelines include but are not limited to: student life regulations, study abroad travel policy, Southwestern College travel policy, alumni relations policy, policies as set forth in the staff handbook, etc. Copies of the guidelines that govern each program are available from the college services office. The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if that activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place on or off college property (e.g. alumni event, campaign reception, etc.).

Students

Students who violate the terms of this policy may be reported to the appropriate law enforcement officials if local, state, or federal statutes are involved and will be subject to the following sanctions:

1. Placement on probationary status;
2. Temporary suspension from classes and activities;
3. Suspension for a semester from classes and activities;
4. Expulsion.

Students subject to these penalties will be afforded all due process rights to which they are entitled by law or under current policies affecting student discipline. In addition to the above sanctions, a student may be required to meet with a campus counselor. In lieu of suspension or expulsion a student may be required to complete a drug or alcohol abuse education or treatment program as a condition of continued enrollment. The cost of completing such a program will be the responsibility of the student.

Employees: Drug-Free Workplace

Employees of the college are required as a condition of employment to abide by the terms of this policy. Employees are further required to notify the college in writing of any criminal drug statute conviction for a violation occurring in the work place no later than five calendar days after such conviction. Employees are prohibited by law and by college policy from providing alcohol to persons under the age of 21 at any time or in any location. Employees are also prohibited from possession of alcoholic drinks on college property. The law prohibits the possession and distribution of any kind of illegal drugs at any time. The possession of illegal drugs or alcohol by an employee on college property is grounds for discipline or dismissal. Employees are required to notify the college in writing of any criminal drug statute conviction for a violation occurring in the work place no later than five calendar days after such violation. Employees are also required to notify the college of any conviction relating to the illegal use of drugs or alcohol (e.g. driving under the influence, transporting liquor in opened containers, obtaining prescription-only drugs by fraudulent means, possession or sale of illegal drugs, etc.). Employees who observe a co-worker under the influence of alcohol or drugs on the job should report the incident to the director of human

resources. Employees who violate the terms of this policy will be reported to the appropriate law enforcement officials and will be subject to the following sanctions:

1. Short term suspension with pay;
2. Short term suspension without pay;
3. Long term suspension without pay;
4. Required participation in a drug and alcohol education, treatment, counseling, or rehabilitation program;
5. Termination or dismissal from employment. In addition to any suspension imposed as discipline, the employee may be required to participate in a drug and alcohol education treatment, counseling, or rehabilitation program. The cost of participation in such a drug or alcohol program is the responsibility of the employee. Failure to participate and complete a program, if required, will be grounds for termination or dismissal from employment. Prior to applying sanctions under this policy, employees will be afforded all due process rights to which they are entitled under their contracts, if applicable. Nothing in this policy is intended to diminish the right of the college to take any other disciplinary action which is provided for in college policies.

Legal Sanctions

Local, state, and federal statutes prohibit furnishing alcohol to a minor, purchase or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

Health Risks

The risks of using alcohol include but are not limited to impaired judgment, alcoholism, liver damage, pancreatitis, and congestive heart failure. The risks of using sedatives, hypnotics, and tranquilizers include but are not limited to nausea, vomiting, anxiety, blurred vision, respiratory depression, addiction, and death from overdose or unsupervised withdrawal. The risks of using narcotics include but are not limited to AIDS, hepatitis, and skin infections from non-sterile injections, endocarditis, addiction, and coma or sudden death from overdose. The risks of using inhalants include but are not limited to psychosis, accidental suffocation, heart failure, kidney failure, and bone marrow disorders.

Legal Penalties Relating to Drugs and Alcohol

Local, state, and federal statutes prohibit furnishing alcohol to anyone under the age of 21, purchase or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

Help and Information

The college will provide information and educational programs that attempt to keep the campus community informed about the consequences of using and misusing intoxicating alcohol and illegal drugs. Help is available for those persons who seek it. Employees and students are encouraged to initiate contact with their supervisor, counselor, a faculty member, or administrator who will work with them confidentially or refer them to an off-campus source of help.

Off-Campus Travel Involving Students

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if an activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place off college property or in another country (e.g. a reception or dinner in a culture with different laws and regulations on alcohol use and distribution).

From the Southwestern College Policy Manual, Volumes II, III, and VIII

The Office of Student Affairs enforces the on-campus alcohol policy in regards to student usage and possession. The following numbers represent the students who were reported to Southwestern College staff members for having or using alcohol or other drugs, regardless of location.

	Alcohol	Drugs
Fall 2017	35	5
Spring 2018	14	8
Fall 2018	74	14
Spring 2019	2	6
Fall 2019	46	23
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Total	171	56

A total of 227 students went through the student conduct process for drug and alcohol possession/use in the period of 5 semesters from Fall 2017 through the fall of 2019.

As a guide, the committee used, “A Typology for Campus Based Alcohol Prevention: Moving Toward Environmental Management Strategies.” The article was written by William DeJong, Ph.D. and Linda M.Lang, Sc.D. Department of Social and Behavioral Sciences, Boston University School of Public Health, 715 Albany Street, Boston, MA

02118. The article helped frame the conversation to analyze the strengths and weaknesses of the Southwestern College Alcohol and Other Drug Program.

Using the article, the committee developed a matrix that kept information and programs in distinct categories. Program and policy levels were up into two groups-individual and environmental. Individual is focused on one person receiving information and peer to peer interactions. Environmental consists of institutional, local government and state government entities. For areas of strategic intervention, the matrix had knowledge, attitudes, and behavioral intentions of students as a category.

On the individual level that uses the knowledge, attitudes, and behavioral intentions of students as an area of strategic interventions, Southwestern College uses the following programs:

- Resident Assistant alcohol education programming
 - Alcohol Information Table FA 2017
 - Drink Smoothies, not alcohol SP 2018
 - Bringing in the Bystander SP 2018
 - Beer Goggles and Mario Kart FA 2018
 - Drunk Driving Pledge FA 2018
 - Alcohol Awareness Game Show FA 2018
 - Spring Break Safety SP 19
 - Drunk Mario Kart SP 19
 - Alcohol Awareness Smoothies FA 19
 - Drunk Mario Kart FA 19
- Campus Life Programs
 - Reality Check Gameshow FA 17

On the Environmental level that focused on the areas of knowledge, attitudes, and behavioral intentions of students as an area of strategic interventions, Southwestern College uses the following:

- Resident Director Protocol Training
- Security Officer Training
- Resident Assistant Protocol Training
- First Year Student Orientation Leader Training
- Builder Camp Bystander Intervention education session
- Office of Student Affairs Bystander Intervention sessions to athletic teams (on a voluntary basis)

On the individual level that uses the environmental as an area of strategic intervention, Southwestern College uses the following programs:

Alcohol Free Options

- Student Conduct Sanctions
 - 3rd Millennium On-Line Classroom Alcohol/Marijuana Sanctions
 - Parental Notification depending on severity
 - Coach notification
 - Referral to drug/alcohol counseling if necessary
 - Loss of on-campus housing

- Campus Life
 - BuilderFest (capture the flag and game night) FA 17
 - Movie Nights FA 17
 - Wednesday Night Jams FA 17
 - Christmas Bingo Night FA 17
 - Homecoming Bonfire FA 17
 - Movie Nights FA SP 18
 - Wednesday Night Jams and Poetry SP 18
 - Night at the Barns Dance SP 18
 - Movie on the Lawn SP 18
 - Christmas Bingo Night SP 18
 - Talent and Awards Night SP 18
 - BuilderFest FA 18
 - Movie Nights FA 18
 - Homecoming Bonfire FA 18
 - Kickball FA 18
 - Theme Athletic Nights FA 18
 - Game Night (sponsored by Gaming Club) FA 18
 - Christmas Bingo Night FA 18
 - Spirit Night (men's basketball game) SP 19
 - Night at the Barns Dance SP 19
 - Movie Nights SP 19
 - Block Party SP 19
 - Talent and Awards Night SP 19
 - Game Night (sponsored by Gaming Club) SP 19
 - Christmas Bingo Night SP 19

- Builder Camp Orientation for First Year Students
 - Marijuana and Alcohol education session FA 17, FA 18 & FA 19
 - Bringing in the Bystander education session FA 17, FA 18 & FA 19
 - Got Consent? FA 17, FA 18 & FA 19

On the Environmental level that uses Environmental as an area of strategic intervention, Southwestern College uses the following programs:

Athletic Department sharing information to the students about the Southwestern College Drug Education and Testing Policy

Employee notification of the Southwestern College Drug and Alcohol Policy

Student notification through email about the Southwestern College Drug and Alcohol Policy

Orientation Leader for Builder Camp bystander intervention training

Builder Camp bystander intervention session

Southwestern College is a dry campus- no alcohol is allowed for any events on campus or at campus sponsored events.

Welcome Week (BuilderFest) events

September National Campus Safety Month

Homecoming evening events

Student Foundation Movie Night events

Student Foundation Intramural Basketball games

Student Foundation evening events

Winfield Police Department enforces a strong minor in possession and consumption policy

Winfield Police Department has an on campus substation for bike patrol

Winfield Police Department supports and enforces city/state law when Southwestern

College contacts the department regarding drugs on campus- or students in possession off campus.

Evening and weekend Fine Arts events such as 9 Lives, Theatre productions, and concerts

Evening and weekend Athletic Department events such as basketball games, baseball games, football games, softball games, and soccer games

Security Officer patrols at night and on the weekends in residence halls

Evening Student Government Meetings

Evening Student Foundation Meetings

Service Learning Programs such as Green Team, Discipleship and Leadership team meetings during the evening

Student Government clubs and organization evening meetings and events.

The individual level that uses the health promotion and consequences of using alcohol as an area of strategic intervention:

Builder Camp bystander intervention program
Builder Camp speakers
September National Campus Safety Month programming
Campus Life spring break safety week

The environmental level that uses the health promotion and consequences of using alcohol as an area of strategic intervention:

Employee notification of Drug and Alcohol Policy
Student notification of Drug and Alcohol Policy
Builder Camp Bystander Intervention Program
Builder Camp Speakers
Extra Student Affairs Residence Life staff on duty during Homecoming Weekend
September National Campus Safety Month information table
Student Conduct Process

The individual level that uses intervention and treatment as an area of strategic intervention:

Builder Camp Bystander Intervention Program
Student Conduct Process- as students may be sanctioned with meeting with a drug/alcohol counselor for assessment.

The environmental level that uses intervention and treatment as an area of strategic intervention:

Residence Director Protocol Training
Residence Assistant Protocol Training
Security Officer Training
Employee Notification of Drug and Alcohol Policy
Student Notification of Drug and Alcohol Policy
Orientation Leader Bystander Intervention Program
Builder Camp Bystander Intervention Program
Winfield Police Department Assisting with drug issues on campus
Alcohol and Drug Free Campus
All Events sponsored by College and/or on campus are alcohol and drug free
Homecoming Week of Events
Student Conduct Process

Section 2: The Committee decided to establish two goals for the Alcohol and Other Drug Program at Southwestern College.

The first goal is to focus on the individual level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is personal stewardship of one's health and the awareness of the environmental effects of alcohol and drugs with the intent to influence knowledge, behavior, and attitudes.

The second goal focuses on the environmental level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is to ensure and promote good citizenship and responsible behavior. Southwestern College strives to partner with others to increase communication, to provide support and education, and to create a positive community, consistent with the College's Christian academic traditions and community standards.

From these two broad goals, the committee developed a series of objectives and outcomes that focus on the different areas of strategic intervention. In addition, each objective and outcome is seen through the lens of either the individual level or environmental program and policy level.

In reviewing the effectiveness and successful completion of the 2016-2017 Review the committee found the following results on the previous objectives and outcomes.

Objectives:

- 1) Individual: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effect of alcohol and other drugs through programs developed by SGA, STUFU, RA's and student organizations.
 - b. Outcomes: The student organizations will increase the number of student led events that enhance awareness on the effects of alcohol and other drugs.
 - c. **RESULTS- There is no data to support if this was accomplished. The general feeling of the committee is that there was not an increase in the number of events.**
- 2) Environmental: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effect of alcohol and other drugs on their relationships and health through institutional initiatives.
 - b. Outcomes: Orientation participants will show an increased awareness on the effects of alcohol and other drugs on their orientation post-test.
 - c. **RESULTS- There were discouraging results from the pre/post tests of Builder Camp 2018 regarding effects of marijuana. Students were asked, "What are the effects of marijuana on the developing brain?" Pre- 120 right/ 52 wrong and Post- 119 right and 53 wrong. For Builder Camp 2019, the question was, "I understand the effects of marijuana on the developing brain." Pre-test-140 students strongly agreed or moderately agreed. Post-test- 103 students strongly or moderately agreed.**
 - d. **RESULTS- There were more encouraging results regarding the alcohol awareness questions for Builder Camp 2018 and 2019. Builder Camp 2018 asked students, "How many alcoholic drinks is considered moderate alcohol intake for a female and male? In the pre-test, 4 answered correctly and 168 answered incorrectly. Post-test, 111 answered correctly, while 61 answered incorrectly. Improved knowledge by 107 students. In Builder Camp 2019, the question was, "Moderate (non-excessive) alcohol intake for a male is 2 drinks, and 1 drink for a female?" Pre-test, 78 students either strongly or moderately agreed. Post-test, It improved by 23 students to 101 either strongly or moderately agreed.**

- 3) Individual: Environmental options
 - a. Objective: Increase alcohol and drug free programs during at risk times (8 pm to midnight on Weekdays and all times during Saturday and Sunday)
 - b. Outcomes: Increase the number of student led events during these times (student led is SGA, STUFU, RA and student organizations)
 - c. **RESULTS- The committee feels this goal was a HUGE success. In SGA and STUFU we had 33 programs in 5 semesters during this evaluation period, compared to 20 in 4 in the last period. So, we averaged 6.6 programs per semester this evaluation period, compared with 5 per semester in the last period. Residence Life accounted for 9 programs in our previous report and accounted for 231 in this report! We increased our programs by 222. This is has been a big success due to moving 3 full time staff members into the Residence Life Department. Full time staff make a huge difference and they were able to plan and execute more programs, while also working closer with the resident assistants to ensure programs were completed.**
- 4) Environmental: Environmental options
 - a. Objective: Create a consistent alcohol and drug policy for the College.
 - b. Outcome: Create the policy for the SC policy manual.
 - c. **RESULTS: Success! The Human Resources Department created the Southwestern College Policy on Alcohol and Drugs for students and employees.**
- 5) Individual: Health Protection
 - a. Objective: Educate more students on effects of excessive alcohol consumption through student conduct process.
 - b. Outcome: Increased number of students who go through Level 2 Alcohol use and possession sanction will complete the on-line alcohol program. Example: More completions and less housing deposit charges.
 - c. **RESULTS: 75 students of the 171 students involved in alcohol incidents completed on-line education sanctions. The other 96 students were either found not responsible during the process, completed ½ of the process, did not complete any of the process, went through the Bystander program instead, or transferred during the sanction process. So about 44% of students who were initially written up for alcohol use/possession completed the on-line alcohol education program.**
- 6) Environmental: Health Protection
 - a. Objective: Lower the number of on campus alcohol incidents
 - b. Outcome: Through orientation programs, increased peer to-peer education programs, campus alcohol/drug policy and increased on-line alcohol education will help decrease the number of incidents on campus.

- c. **RESULTS: We had 171 alcohol incidents on campus during the evaluation period verses 70 alcohol incidents in the previous evaluation period. That is over 2 times more alcohol incidents. So, the committee acknowledges that the objective was not met.**
- 7) Individual: Intervention and Treatment
 - a. Objective: Provide more robust intervention and education for students found responsible for alcohol violations.
 - b. Outcome: In addition to on-line alcohol education, students will also need to attend the “Bringing In the Bystander” program offered by the office of student affairs.
 - c. **RESULTS: The Office of Student Affairs presented to students who were found responsible for alcohol use/possession and did not want to complete the on-line alcohol program. Presentations were on 11/15/2017, 11/16/2017, 4/18/2018, 4/19/2018, 11/13/2018 and 11/14/18.**
- 8) Environmental: Intervention and Treatment
 - a. Objective: Provide intervention and treatment of alcohol and other drugs through local counseling resources.
 - b. Outcome: Will develop a closer relationship with 4-County Mental Health and better use and understand their drug and alcohol services.
 - c. **RESULTS: The Committee feels that Southwestern College has in fact developed a closer relationship with 4 County Mental and have gained a better understanding of their services. The College has developed a strong relationship with the agency’s crisis diversion services coordinator and this has in turn provided better mutual communication. The agency has sent over informative brochures for the student affairs staff to use and share with students. Also, for one student, the student affairs staff required a student to meet with an alcohol/drug counselor and complete a substance abuse counseling and assessment. That experience has also helped the College and agency to work together more closely.**

Goals and Objectives for next evaluation

Objectives:

- 1) Individual: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effect of alcohol and other drugs through programs developed by SGA Executive Team and Resident Assistants.

- b. Outcomes: These two student organizations will increase the number of student led events that enhance awareness on the effects of alcohol and other drugs.
- 2) Environmental: Knowledge, Attitudes and Behavior
 - a. Objective: Educate students on the effect of alcohol and other drugs on their relationships and health through institutional initiatives.
 - b. Outcomes: Orientation participants will show an increased awareness on the effects of alcohol and other drugs on their orientation post-test.
- 3) Individual: Environmental options
 - a. Objective: Increase alcohol and drug free programs during at risk times (8 pm to midnight on Weekdays and all times during Saturday and Sunday)
 - b. Outcomes: Increase the number of student led events during these times (student led is SGA Executive Committee and Resident Assistants).
- 4) Environmental: Environmental options
 - a. Objective: Learn about Winfield Police Department and Cowley County Sheriff Department's policies and enforcement regulations regarding minors in possession of alcohol or are intoxicated.
 - b. Outcome: Educate students during orientation and in the sanction process.
- 5) Individual: Health Protection
 - a. Objective: Educate more students on effects of excessive alcohol consumption through the student conduct process.
 - b. Outcome: Increased number of students who go through Level 2 Alcohol use and possession sanction will complete the on-line alcohol program
- 6) Environmental: Health Protection
 - a. Objective: Lower the number of on campus alcohol incidents
 - b. Outcome: Through orientation programs, increased peer to-peer education programs, campus alcohol/drug policy and increased on-line alcohol education will help decrease the number of incidents on campus.
- 7) Individual: Intervention and Treatment
 - a. Objective: Provide more robust intervention and education for students found responsible for marijuana use.
 - b. Outcome: Educate students through the Level 3 Marijuana use and possession sanction on the negative effects of its use.
- 8) Environmental: Intervention and Treatment
 - a. Objective: Provide intervention and treatment of alcohol and other drugs through local counseling resources.
 - b. Outcome: Enhance the relationship with 4-County Mental Health and better use and understand their drug and alcohol services.

Section 3: The strengths and weaknesses of the Southwestern College alcohol and other drug program. The committee recognizes there are weaknesses in the program and those are listed below. The strengths come mainly from programming and the institutional commitment to not allowing alcohol on campus or at events.

Strengths:

- Dry campus
- No Greek system
- Small community
- Student leadership training
- Builder Camp orientation
- STUFU/RA education
- Staff and faculty awareness of students with alcohol issues

Weaknesses:

- Perception of defective drug testing program
- Reduce number and emphasis of Athletic Department drug testing
- Consistency of alcohol and drug sanctions
- Lack of community and campus resources
- Lack of Freshman Seminar for educational purposes
- Campus norms-perception that many people drink
- Financial resources
- Uneven treatment of student drug and alcohol issues by coaches and teams.

Trends

As enrollment at Southwestern College has increased, so has the number of alcohol and marijuana incidents. The Student Affairs department processed more than four times the number of alcohol and other drug incidents during this evaluation period than the one previous. During the evaluation period of 2017, 2018 and 2019, the Student Affairs staff worked 227 incidents involving either alcohol or marijuana, which is about four times more than the previous evaluation period.

Student Attitudes and Behaviors

The Student Affairs staff has seen a drastic change in student perceptions regarding marijuana use over the past two years. The staff is seeing more students smoking marijuana who do not see it as a harmful drug. In addition, it is difficult to encourage student leaders to program against alcohol and drug use. Student leaders do not want to provide educational programming because it is not viewed as fun or important. Also, the student affairs staff has struggled with student leaders participating in alcohol and marijuana use on and off campus.

Training

The Residence Life Department works diligently to train their staff at the beginning of each year and have on-going training throughout each semester. Resident Directors, adult full time and part time staff oversee the resident assistants in each building.

During training, the staff goes through a session called, "Behind Closed Doors" where they learn about the smell of marijuana and what it looks like. Resident Assistants are trained on 1) how to identify marijuana and 2) how to search in the residence hall room for the drug. Resident Assistants are trained on how to report students who have been drinking and how to communicate up the chain of command.

Section 4/5: Procedures for distributing alcohol and other drug program review to students and employees.

Southwestern College has this report posted on-line under the Southwestern College under the helpful links option. To access the information, please click on the following link: <https://www.sckans.edu/other/consumer-information>

Section 6: Revising alcohol and other drugs program

Southwestern College is committed to reviewing its goals, objectives and outcomes to ensure that the alcohol and other drug programs are effective. It is important for the College to understand its' weaknesses and improve on gaps. This report will be used during the year to understand what areas are doing a good job in maintaining effective goals. The alcohol and other drug program will be reviewed again in 2022 to assess the effectiveness of the 2020 and 2021 years.

