

## **Southwestern College 2016-2017 Biennial Review of Drug and Alcohol Programs**

In accordance with the requirements of the 1989 amendments to the Drug Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86- The Drug Free Schools and Campuses Regulations, Southwestern College, completed the biennial review in April 2018 for the academic semesters: fall 2015, spring 2016, fall 2016 and spring 2017.

The Drug and Alcohol Program Committee of Southwestern College reviews the drug and alcohol prevention program every two years the programs to assess the effectiveness of the campus prevention program and make recommendations for changes. The Office of Student Affairs enforces the on-campus alcohol policy in regards to student usage and possession, conducts all investigations and policy oversight.

Committee members are:

Dan Falk- *Vice President of Student Affairs, Dean of Students*  
Danie Brush- *Assistant Director of Residence Life*  
Anjaih Clemons- *Director of Campus Life*  
Carolina Garbato- *Head Volleyball Coach*  
Melinda Current- *Professor of Health and Wellness Promotion*

Committee Objectives:

1. To assess the effectiveness and implementation of the program and any revisions to the Alcohol and Other Drugs Prevention Program.
2. To monitor enforcement and disciplinary sanctions of the standards of conduct violations.

### **Southwestern College Policy on Alcohol and Drugs**

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college or as part of any college activity taking place off college property. Additionally, the possession, use, or distribution of alcoholic beverages or illicit drugs is strictly prohibited as part of any activity taking place on college property, even if that activity does not involve students or employees.

Complete details of all policy and sanction information can be read in the [Southwestern College Policy Manual](#), Volumes II, III, and VIII.

### **Objective #1: To assess the effectiveness and implementation of the program and any revisions to the Alcohol and Other Drugs Prevention Program.**

The committee developed an assessment matrix to determine programmatic effectiveness using, William DeJong, Ph.D. and Linda M. Langford, "A Typology for Campus Based Alcohol Prevention: Moving Toward Environmental Management Strategies."

Programming and policies were categorized in four areas of strategic intervention at two levels:

- individual level programs: focus on one person receiving information and peer-to-peer interactions; and
- environmental level programs consisting of institutional, local and state governmental entities.

### **Area of Strategic Intervention: Knowledge, Attitudes, and Behavior**

#### *Individual level programs:*

Builder Camp Bystander Intervention session  
Athletic Team Bystander Intervention program  
September National Campus Safety Month information tables  
Residence Life mandatory hall meetings  
September National Campus Safety Month programs  
Resident Assistant alcohol education programming  
Resident Assistant hall wing meetings  
Campus Life spring break safety week

#### *Environmental level programs:*

Resident Director Protocol training  
Security Officer training  
Resident Assistant Protocol training  
Orientation Leader for Builder Camp bystander training  
Builder Camp bystander intervention program  
Builder Camp speaker  
Safety Month information table  
Campus Life Spring Break Safety Week

### **Area of Strategic Intervention: Environmental Change**

#### *Individual level programs:*

Builder Camp bystander intervention  
Welcome Week (BuilderFest) events  
Safety Month programs  
Residence Life Hall meetings  
Homecoming evening events  
Resident Assistant hall wing meetings  
Bystander Intervention Poster Series  
Student Conduct Process

#### *Environmental level programs:*

Athletic Department sharing information to the students about the Southwestern College Drug Education and Testing Policy  
Employee notification of the Southwestern College Drug and Alcohol Policy

Student notification through email about the Southwestern College Drug and Alcohol Policy  
Orientation Leader for Builder Camp bystander intervention training  
Builder Camp bystander intervention session  
Southwestern College is a dry campus- no alcohol is allowed for any events on campus or at campus sponsored events.  
Welcome Week (BuilderFest) events  
September National Campus Safety Month  
Homecoming evening events  
Student Foundation Movie Night events  
Student Foundation Intramural Basketball games  
Student Foundation evening events  
Winfield Police Department enforces a strong minor in possession and consumption policy  
Winfield Police Department has an on-campus substation for bike patrol  
Winfield Police Department supports and enforces city/state law when Southwestern College contacts the department regarding drugs on campus- or students in possession off campus.  
Evening and weekend Fine Arts events such as 9 Lives, Theatre productions, and concerts  
Evening and weekend Athletic Department events such as basketball games, baseball games, football games, softball games, and soccer games  
Security Officer patrols at night and on the weekends in residence halls  
Evening Student Government Meetings  
Evening Student Foundation Meetings  
Service Learning Programs such as Green Team, Discipleship and Leadership team meetings during the evening  
Student Government clubs and organization evening meetings and events.  
Student Foundation/Residence Life educational events: Bystander Bingo, Reality Check Game Show, James is Dead, Creating an Upstander, Handle Your BOOS Bulletin Board, Fermium Fridays “Handle Your BOOS”, Family Feud.

### **Area of Strategic Intervention: Health Promotion and Consequences of Alcohol Use**

#### *Individual level programs:*

Builder Camp bystander intervention program  
Builder Camp speakers  
September National Campus Safety Month programming  
Campus Life spring break safety week

#### *Environmental level programs:*

Employee notification of Drug and Alcohol Policy  
Student notification of Drug and Alcohol Policy  
Builder Camp Bystander Intervention Program  
Builder Camp Speakers  
Extra Student Affairs Residence Life staff on duty during Homecoming Weekend  
September National Campus Safety Month information table  
Student Conduct Process

## **Area of Strategic Intervention: Intervention and Treatment**

### *Individual level programs:*

Builder Camp Bystander Intervention Program

### *Environmental level programs:*

Residence Director Protocol Training

Residence Assistant Protocol Training

Security Officer Training

Employee Notification of Drug and Alcohol Policy

Student Notification of Drug and Alcohol Policy

Orientation Leader Bystander Intervention Program

Builder Camp Bystander Intervention Program

Winfield Police Department Assisting with drug issues on campus

Alcohol and Drug Free Campus

All Events sponsored by College and/or on campus are alcohol and drug free

Homecoming Week of Events

Student Conduct Process

In addition, the Committee set two goals for the programming:

- personal stewardship of one's health and the awareness of the environmental effects of alcohol and drugs with the intent to influence knowledge, behavior, and attitudes; and
- ensure and promote good citizenship and responsible behavior.

And finally, the Committee set the following objectives and outcomes for the programming and policies:

### Objectives:

- 1) Individual: Knowledge, Attitudes and Behavior
  - a. Objective: Educate students on the effect of alcohol and other drugs through programs developed by SGA, STUFU, RA's and student organizations.
  - b. Outcomes: The student organizations will increase the number of student led events that enhance awareness on the effects of alcohol and other drugs.
- 2) Environmental: Knowledge, Attitudes and Behavior
  - a. Objective: Educate students on the effect of alcohol and other drugs on their relationships and health through institutional initiatives.
  - b. Outcomes: Orientation participants will show an increased awareness on the effects of alcohol and other drugs on their orientation post-test.
- 3) Individual: Environmental options
  - a. Objective: Increase alcohol and drug free programs during at risk times (8 pm to midnight on Weekdays and all times during Saturday and Sunday)
  - b. Outcomes: Increase the number of student led events during these times (student led is SGA, STUFU, RA and student organizations)
- 4) Environmental: Environmental options

- a. Objective: Create a consistent alcohol and drug policy for the College.
  - b. Outcome: Create the policy for the SC policy manual.
- 5) Individual: Health Protection
  - a. Objective: Educate more students on effects of excessive alcohol consumption through student conduct process.
  - b. Outcome: Increased number of students who go through Level 2 Alcohol use and possession sanction will complete the on-line alcohol program. Example: More completions and less housing deposit charges.
- 6) Environmental: Health Protection
  - a. Objective: Lower the number of on campus alcohol incidents
  - b. Outcome: Through orientation programs, increased peer to peer education programs, campus alcohol/drug policy and increased on-line alcohol education will help decrease the number of incidents on campus.
- 7) Individual: Intervention and Treatment
  - a. Objective: Provide more robust intervention and education for students found responsible for alcohol violations.
  - b. Outcome: In addition to on-line alcohol education, students will also need to attend the "Bringing In the Bystander" program offered by the office of student affairs.
- 8) Environmental: Intervention and Treatment
  - a. Objective: Provide intervention and treatment of alcohol and other drugs through local counseling resources.
  - b. Outcome: Will develop a closer relationship with 4-County Mental Health and better use and understand their drug and alcohol services.

The committee found the following results on these objectives and outcomes.

1) Individual; Knowledge, Attitudes, Behavior

Objectives: Educate students on the effect of alcohol and other drugs through student lead initiatives

Outcomes: Student organizations will increase the number of student led events that enhance awareness on the effects of alcohol and other drugs.

RESULTS: Through programs initiated by Residence Life, SGA, STUFU, and student organizations there were 29 total programs for the Fall 2015, Spring 2016, Fall 2016, Spring 2017.

2) Environmental; Knowledge, Attitudes, Behavior

Objectives: Educate students on the effect of alcohol and other drugs on their relationships and health through institutional initiatives.

Outcomes: Orientation participants will show an increased awareness on the effects of alcohol and other drugs on their orientation post-test.

RESULTS: Through the Builder Camp First Year Orientation program, all first-year students attended a 30-minute session called "Wellness 101" that was taught by Professor of Health and Wellness Melinda Current and Wellness Coordinator Mary Ann Smith. Students participated in pre- and post-test for the orientation. They were asked two questions related to alcohol and drugs.

- a. How many alcoholic drinks is considered moderate alcohol intake for a female and male?

In the pre-test 4 students selected the right answer while 168 selected the wrong answer. 02% selected the right answer.

In the post test, 111 students selected the right answer while 61 selected the wrong answer. 64% selected the right answer.

- b. What are the effects of marijuana on the developing brain?

In the pre-test 120 students selected the right answer while 52 selected the wrong answer. 69% selected the right answer.

In the post-test, 119 students selected the right answer while 53 selected the wrong answer. 69% selected the right answer.

3) Individual; Environmental options

Objectives: Create alcohol free event options through student lead initiatives.

Outcomes: Increase the number of student led alcohol hall free events.

RESULTS: Through programs initiated by Residence Life, SGA, STUFU, and student organizations there were 29 total programs for the Fall 2015, Spring 2016, Fall 2016, Spring 2017. There is essentially no difference between this objective and objective #1.

4) Environmental; Environmental options

Objectives: Create institutional policy enforcement and normative environment initiatives on the effect of alcohol and other drugs.

Outcomes: Implement a universal Athletics' department alcohol and other drug policy.

RESULTS: This was completed as the Southwestern College Athletics Department created the Drug Education and Testing Policy. It can be located at <http://www.buildersports.com/drugtesting>

5) Individual; Health protection

Objectives: Educate students on the health consequences of alcohol and other drugs through student lead initiatives.

Outcomes: Create a resident assistant and STUFU led event on the health consequences of alcohol and other drugs.

RESULTS: 8 Programs were developed and executed by both Residence Life and Student Foundation with them then coordinating the event.

Fall 2015: Bystander Bingo

Fall 2016: Bystander Bingo, Reality Check Game Show

#### 6) Environmental; Health protection

Objectives: Educate students on the health consequences of alcohol and other drugs through institutional initiatives.

Outcomes: Include an educational element on the health consequences of alcohol and other drugs in the campus-wide social media facilitated orientation event "The Game".

RESULTS: This objective was not completed as "The Game" was never initiated due to staff changes.

#### 7) Individual; Intervention and Treatment

Objectives: provide intervention and treatment of alcohol and other drugs through one on one student conduct meetings.

Outcomes: Create a requirement of addiction counseling as a condition for readmission after a drug or alcohol related suspension.

RESULTS: Practice has developed into this being a recommendation, not a requirement. Referral can be made by Wellness Coordinator or Student Affairs staff.

#### 8) Environmental; Intervention and Treatment

Objectives: provide intervention and treatment of alcohol and other drugs through local counseling resources.

Outcomes: Create a contact with a local addictions counselor to increase intervention and treatment resources.

RESULTS: 4 County Mental Health Alcohol/Drug Treatment has been identified as a good resource. Students have been referred to this resource by Wellness Coordinator and Student Affairs staff.

The Committee also identified the following strengths and weaknesses of the program:

#### **Strengths:**

- Dry campus
- No Greek system
- Small community
- Student leadership training
- Builder Camp orientation
- STUFU/RA education
- Athletic Department Drug Testing
- Improved drug and alcohol sanctioning
- Staff and faculty awareness of students with alcohol issues

**Weaknesses:**

- Perception of defective drug testing program
- Consistency of alcohol and drug sanctions
- Lack of community and campus resources
- Lack of Freshman Seminar for educational purposes
- Campus norms-perception that many people drink
- Financial resources

**Objective #2: To monitor enforcement and disciplinary sanctions of the standards of conduct violations.**

The Office of Student Affairs enforces the on-campus alcohol policy regarding student usage and possession. The following numbers represent the students who were reported to Southwestern College staff members for having or using alcohol or other drugs- regardless of location.

	Alcohol	Drugs
Fall 2015	2	2
Spring 2016	9	2
Fall 2016	4	5
Spring 2017	28	6
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Total	43	15

A total of 70 students went through the alcohol student conduct process within the Office of Student Affairs.

Southwestern College is committed to reviewing its goals, objectives and outcomes to ensure that the alcohol and other drug programs are effective. It is important for the College to understand its' weaknesses and improve on gaps. This report will be used during the year to understand what areas are doing a good job in maintaining effective goals. The alcohol and other drug program will be reviewed again in 2020 to assess the effectiveness of the 2018 and 2019 years.



