# Southwestern College Drug and Alcohol Abuse Prevention Program

Southwestern College is dedicated to the safety, health and welfare of its students, faculty, and staff. The primary purpose of the drug and alcohol abuse prevention program is to prevent the unlawful possession, use, and distribution of drugs and alcohol on campus. Southwestern College is committed to maintaining a drug and alcohol free workplace in accordance with the Drug-Free Schools and Communities Act.

The prevention program at Southwestern College includes the following components:

- The Southwestern College campus is a dry campus and no drugs or alcohol are allowed at any event:
  - The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of Southwestern College or as part of any college activity taking place off college property. Additionally, the possession, use, or distribution of alcoholic beverages or illicit drugs is strictly prohibited as part of any activity taking place on college property, even if that activity does not involve students or employees.
- Southwestern College has a formal drug and alcohol policy in the college policy manual and is provided at the end of this document. The policy includes, but is not limited to, the following components:
  - o Consequences of policy violations for students and employees
  - o Legal sanctions related to violations of local, state, and federal laws
  - Health risks associated to drug and alcohol abuse
- An annual notice of the drug and alcohol policy is sent to all students and employees at the college.
  - In addition to the annual notice, the Dean of Students also sends out the policy to Main Campus students on day 20 of the fall and spring semesters.
  - Human Resources presents the policy as part of the onboarding process for new employees. New employees are required to sign a form acknowledging receipt of the Employee handbook, which also includes the policy.
- Southwestern College provides information and educational programs that attempt to keep the campus community informed about the consequences of using and misusing intoxicating alcohol and illegal drugs.
  - Bystander Intervention training at Builder Camp, the Southwestern College orientation program for new students.
    - Bystanders are individuals who witness emergencies, criminal events, or situations that could lead to criminal events and by their presence may have the opportunity to provide assistance, do nothing, or contribute to the negative behavior.
    - In the context of this program, pro-social bystanders are individuals whose behaviors intervene in ways that impact the outcome.
  - Targeted Bystander Intervention training sessions with groups
  - o Builder Camp (new student orientation program) speakers
  - Safety Month programming during National Campus Safety Month in September
  - o Campus Life Spring Break Safety Week prior to spring break

- Student leadership in prevention is developed through the training of orientation leaders and resident assistants.
- Athletes are subject to random drug testing.
- Help is available for those persons who seek it. Employees and students are encouraged to
  initiate contact with their supervisor, counselor, a faculty member, or administrator who will
  work with them confidentially or refer them to an off-campus source of help.
  - Wellness Services are available to students through the College Wellness Coordinator, Mary Ann Smith. As a Licensed Masters' Level Social Worker (LMSW), the Coordinator can make referrals to Angela Goodson, LMFT, in Winfield, as well as to New Perspectives Counseling and Four County Mental Health. Ms. Smith can be contacted at maryann.smith@sckans.edu or texted at 620-222-4311.
  - o Employee Assistance Program (EAP) for College employees.
    - Southwestern College recognizes that personal issues can sometimes affect employee performance. The Employee Assistance Program (EAP) is available to employees and their families to provide confidential help with a wide variety of personal problems, issues and concerns. Employees can refer to the Employee Handbook for more information.
  - Four County Mental Health has an alcohol and drug treatment program that provides services on an outpatient basis to persons abusing or addicted to alcohol and/or drugs (including prescription drugs). Individualized treatment and formulating a treatment plan to specifically to meet the needs of the client is their focus. Strother Field office is (620) 221-9664. Emergency services phone number is (800) 499-1748.
- Resources for More Information
  - Above the Influence An anti-drug web site sponsored by the Partnership for Drug-Free Kids
  - <u>College Binge Drinking</u> Informational site for college students and others about the myths, dangers, and issues surrounding college alcohol abuse.
  - <u>College Drinking: Changing the Culture</u> Resources and information directed to the college age student sponsored by the National Institute on Alcohol Abuse and Alcoholism.
  - Kansas Traffic Safety Resource Office Information on impaired driving and other safety issues.
  - National Council on Alcoholism and Drug Dependence Resources and information on alcohol and drug abuse, sponsored by
  - Substance Abuse and Mental Health Services Administration (SAMHSA) National Hotline

     A confidential source of information for those seeking treatment referral and information service. The web site also has links to additional information resources.
     This is sponsored by the US Department of Health and Human Services.
    - SAMHSA National Hotline 1-800-662-HELP (4357) Free, confidential, 24 hour a day, 365 day a year, information service in English and Spanish.
  - National Institute on Drug Abuse Resources and information on alcohol and drug
  - Office of the National Drug Control Policy Alcohol and substance abuse information and resources.

## Drug and Alcohol Policy Southwestern College Policy Manual

### 2.4.1 Drug and Alcohol Policy

Southwestern College affirms its long-standing support of abstinence from both alcohol and illegal drugs. Southwestern supports the strict administration of regulations governing these substances and will enforce the guidelines set forth by various college programs. The program guidelines include but are not limited to: student life regulations, study abroad travel policy, Southwestern College travel policy, alumni relations policy, policies as set forth in the staff handbook, etc.

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if that activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place on or off college property (e.g. alumni event, campaign reception, etc.).

#### 2.4.1.1 Students

Students who violate the terms of this policy may be reported to the appropriate law enforcement officials if local, state, or federal statutes are involved and will be subject to the following sanctions:

- 1. Placement on probationary status;
- 2. Temporary suspension from classes and activities;
- 3. Suspension for a semester from classes and activities;
- 4. Expulsion.

Students subject to these penalties will be afforded all due process rights to which they are entitled by law or under current policies affecting student discipline. In addition to the above sanctions, a student may be required to meet with a campus counselor. In lieu of suspension or expulsion a student may be required to complete a drug or alcohol abuse education or treatment program as a condition of continued enrollment. The cost of completing such a program will be the responsibility of the student.

#### 2.4.1.2 Employees: Drug-Free Workplace

Employees of the college are required as a condition of employment to abide by the terms of this policy. Employees are further required to notify the college in writing of any criminal drug statute conviction for a violation occurring in the work place no later than five calendar days after such conviction.

Employees who violate the terms of this policy will be reported to the appropriate law enforcement officials and will be subject to the following sanctions:

- 1. Short term suspension with pay;
- 2. Short term suspension without pay;
- 3. Long term suspension without pay;
- 4. Required participation in a drug and alcohol education, treatment, counseling, or rehabilitation program;
- 5. Termination or dismissal from employment.

Prior to applying sanctions under this policy, employees will be afforded all due process rights to which they are entitled under their contracts, if applicable. Nothing in this policy is intended to diminish the right of the college to take any other disciplinary action which is provided for in college policies.

If it is agreed that an employee should enter into and complete a drug education or rehabilitation program, the cost of such program will be the responsibility of the employee.

#### 2.4.1.3 Legal Sanctions

Local, state, and federal statutes prohibit furnishing alcohol to a minor, purchase or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

#### 2.4.1.4 Health Risks

The risks of using alcohol include but are not limited to impaired judgment, alcoholism, liver damage, pancreatitis, and congestive heart failure. The risks of using sedatives, hypnotics, and tranquilizers include but are not limited to nausea, vomiting, anxiety, blurred vision, respiratory depression, addiction, and death from overdose or unsupervised withdrawal. The risks of using narcotics include but are not limited to AIDS, hepatitis, and skin infections from non-sterile injections, endocarditis, addiction, and coma or sudden death from overdose. The risks of using inhalants include but are not limited to psychosis, accidental suffocation, heart failure, kidney failure, and bone marrow disorders.

#### 2.4.1.5 Legal Penalties Relating to Drugs and Alcohol

Local, state, and federal statutes prohibit furnishing alcohol to anyone under the age of 21, purchase or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

#### 2.4.1.6 Help and Information

The college will provide information and educational programs that attempt to keep the campus community informed about the consequences of using and misusing intoxicating alcohol and illegal drugs. Help is available for those persons who seek it. Employees and students are encouraged to initiate contact with their supervisor, counselor, a faculty member, or administrator who will work with them confidentially or refer them to an off-campus source of help.

### 2.12.8 Off-Campus Travel Involving Students

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if an activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place off college property or in another country (e.g. a reception or dinner in a culture with different laws and regulations on alcohol use and distribution. The guidelines for the application of the college policy on alcohol and drugs to study-abroad programs and activities in other countries are available at college services. Students and sponsors are expected to follow these policy guidelines.